



Women Cell Activities (2018-2019)

The Women Cell at St. John's College was started with the aim of empowering and orienting young women force in the campus to recognize their potential and creating awareness about issues that the world confronts. A forum was formed with Mrs. Kaladevi as the Convenor and Mrs. Anu Aravind, Ms. Krishna Ajayan, Mrs Dhanya Johnson were in charge of the cell. Among the students Ms. Arya selected as representative.

The Club started functioning with varied objectives such as to enhance self-esteem of girls and to empower them to take important decisions, giving career guidance, conducting health awareness classes, classes about community living and participation in social works.

Activities conducted by the Cell

The women's cell activities for the academic year 2018-2019 inaugurated by the Dr. Kaladevi exhorted the students to stand up for themselves and to be brave while talking challenges.

Familiarization of Vending machine and Incinerator to the students

Upholding the importance of cleanliness and health, there is a napkin vending machine in the WDC. The vending machines were installed to ensure an effective, safe and convenient mode for any time access to the sanitary napkins. The purpose is to promote safe and hygienic sanitary practices among the women and girls.

An Incinerator was also installed in the women development centre. After installation, a small demonstration in English & Malayalam was given to the female students, Teaching & Non- Teaching staff. Females from the Housekeeping & Security also attended the session. The Demonstration video is also circulated to create awareness and easy accessibility.



Poster Presentation Competition

As part of boosting and realizing the changing needs of the time CDS, Anchal Panchayat along with women's cell conducted a poster presentation competition on the topic "Women: Yesterday, Today and tomorrow". From among various posters presented the first prize were secured by Kumari Anjali Ashok (II M.Sc Environmental Sciences), Sahana Beevi S (III B.A Communicative English) secured II Place.



Women's Day Celebration

The Women's Day celebrations was held on March 23rd, 2019. The function was inaugurated by Dr. M.S. Sunil an Indian Academician, Humanist and Philanthropist known for housing the homeless. She founded Dr. M.S. Sunil Foundation in December, 2016 in Pathanamthitta. She gave a short speech about her activities for the society and motivated the young girls to be compassionate and considerate for the needy. The inaugural function was followed by various cultural programs organised by the students. This was followed by a food fest organised by the students.





Women Cell Activities (2019-2020)

Transgender Awareness Class

The ignorance and lack of understanding about transgender people in Indian society need to be changed as soon as possible, and it can only be done by spreading awareness among people. Transgender awareness class in collaboration with Social Justice Department was held on October 25, 2019, A.N by 2pm at College Auditorium. Sudheer Kumar, Director, Social Justice Department inaugurated the programme. Maya, LAS Resource person delivered an awareness talk. Transgenders, Vismaya and Ardra shared their experiences. Students realized that, it's their duty to support transgenders and make awareness among Community regarding this.





Women Cell Activities (2020-2021)

Speak Out and Stand With Her

One-week long Women's day celebration programme from 01-03-2021 to 08/03/2021 was organized in collaboration with NSS unit of our college.



TIME TO FIGHT FOR YOUR RIGHTS

STAND WITH HER

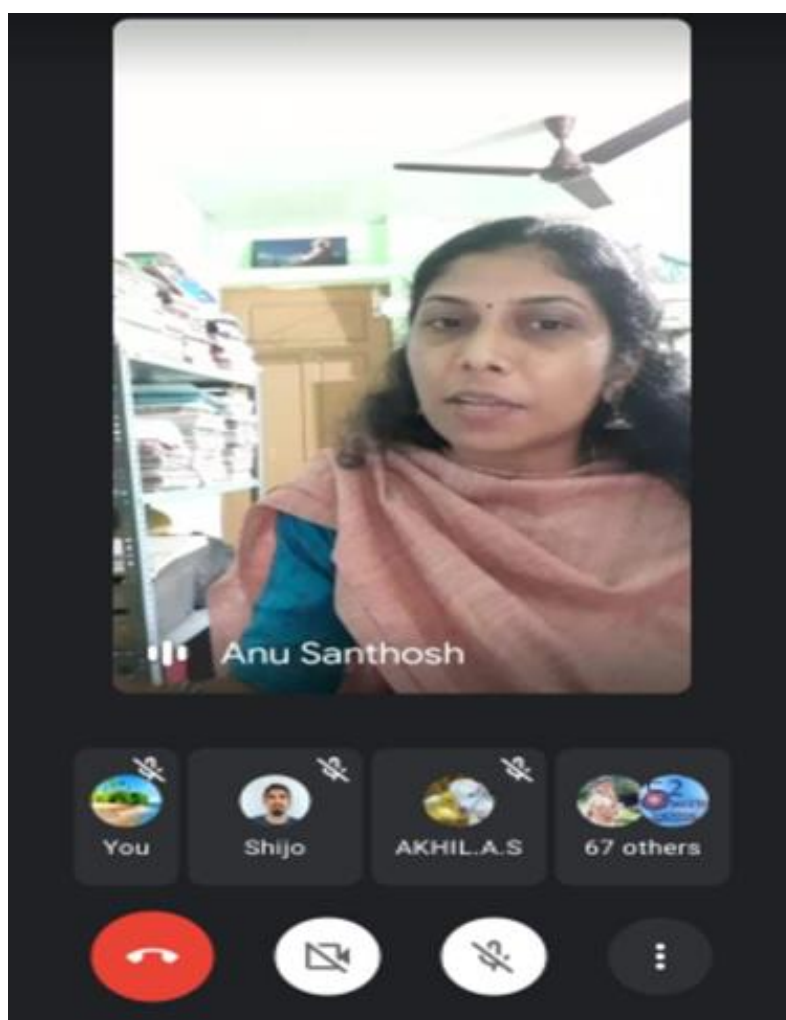
- March 1- Caption Contest
- March 2 - Women right awareness
- March 3 - Awareness regarding menstruation
- March 4- Miss Smart contest
- March 5- Interactive Session
- March 6- Women Harrassment Survey
- March 7- Campaign by Boys for girls
- March 8- Public awareness

***Celebrate Each Day as
Women's Day***

**St. John's College Anchal
NSS Unit 14A&B**



Along with the above WOMEN'S RIGHT AND AWARENESS Classes were also held. The class was led by Anu Varghese, Assistant Professor of the Department of Commerce. The class was held online. The google meet link was provide to the students through their class WhatsApp groups and maximum participation of the students was ensured. Anu Varghese also provided youtube links of her classes regarding women empowerment and women rights, cybercrimes against women, public awareness regarding women harassment.



NIRBHAYAM APP Campaign



St. John's College, Anchal

NSS Unit 14A&B

**SPEAK OUT & STAND WITH HER
CAMPAIGN**

Phase 2

PRESS & HOLD
Nirbhayam App (An initiative of Kerala Police)



**All girls must have downloaded this app.
BE FEARLESS.....**



With the joint effort of Kerala Police, NSS Unit 14 A&B and women's cell of St. John's College, Anchal. Volunteer secretary collected the complete list of students, who have downloaded Nirbhayam App, and made it compulsory that all the girls in the college should mandatorily download the same.



Women Cell Activities (2021-2022)

Gender Sensitisation Training

A meet on "Gender Sensitization" was conducted on 17-07-2021 in association with the Dept of Women & Child Development. Problems due to gender inequality, dowry related issues, Backwardness of women in society were some of the topics discussed. Program officers also shared their opinions and views about the topic. The meet were conducted on Zoom platform.

Gender Sensitization Training Programme
(Gender Relation, Gender & Law)
for students of
St Johns College, Anchal
Saturday July 17, 2021 @ 3 PM

**Government of Kerala,
Women & Child Development Department
Mahila Shakti Kendra | St. John's College, Anchal**

Introduction
Sri. P. Ananthakrishnan
Women Welfare Officer,
DLCW - Kollam

Welcome
Prof. Anu Varghese
Assistant Professor(Commerce)
St Johns College, Anchal

Inauguration
Smt. Geetha Kumari. S
District Women & Child
Development Officer, Kollam

Resource Person
Smt. Rekha Lekshmi
Supervisor,
ICDS Sasthamcotta

Vote of Thanks
Prof. Shijo V Varghese
Assistant Professor(Malayalam)
St Johns College, Anchal

Women & Child Development Department, Kollam | District Level Centre for Women, Kollam



Self Defense Programme for Women

As part of International Women's Day celebrations, a self defence training programme for women on 3rd March, 2022. Christina of 2nd Malayalam led the programme by teaching the students martial arts, she is a black belt holder in karate. It was a very useful programme for the students, as they learnt the basic techniques to defend any threats coming against them.





As a part of international women's day celebration 2022 a women's empowerment rally and flash mob was organized to spread the importance of women's day celebrations to the general public.



Pamphlet Distribution of Women Helpline Numbers

On 7th march NSS volunteers of St. John's College, Anchal distributed pamphlets printed with women helpline numbers in shops, bus stands, auto stand etc.



ST. JOHN'S COLLEGE, ANCHAL NSS UNIT 14 A & B



Distributing pamphlets of women helpline numbers



International Women's Day celebrations was held under the auspicious of women's study unit and college union on March 9th, 2022. Famous playback singer and state award winner Smt. Rajalekshmi was the chief guest of the function. Dr. Anila George, Convenor of the Women's study cell welcomed the guest and the gathering. The chief guest Smt. Rajalekshmi Spoke to the girls of the college regarding her struggle as a woman to find the place she held today and motivated the young girls to dream big and chase their dreams. The meeting was followed by various cultural activities organised by the girl students of the college.



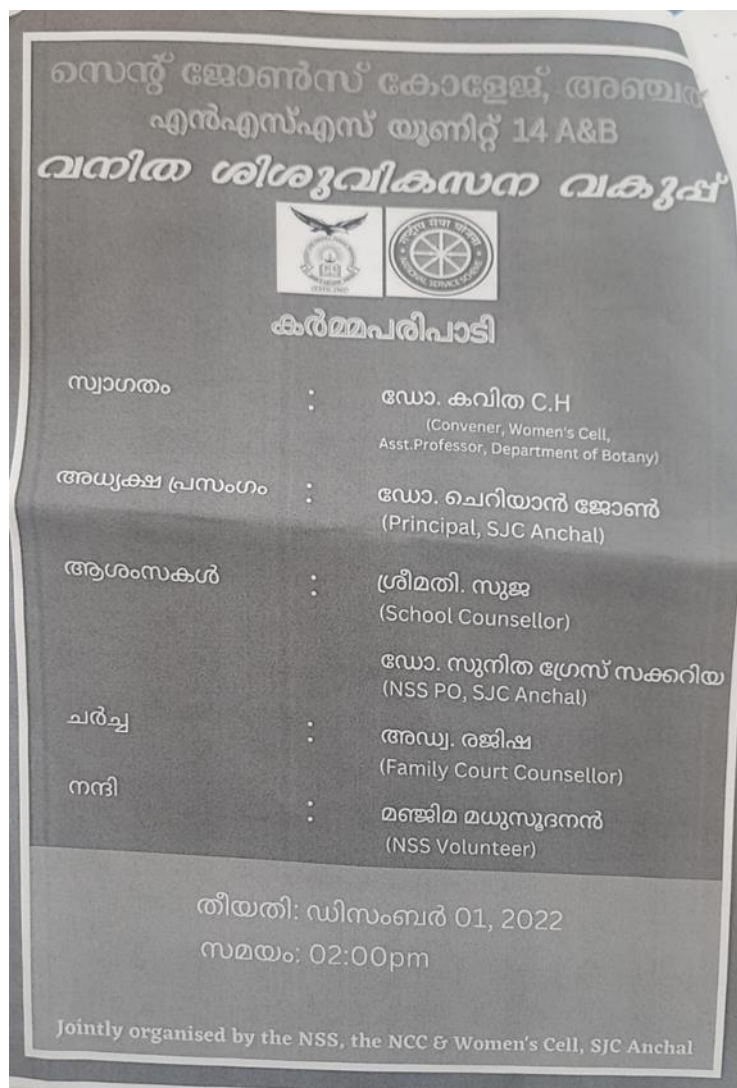




Women Cell Activities (2022-2023)

International Day for the Elimination of All Kinds of Violence against Women- Organised by Kerala State Women and Child Development Cooperation

As a part of this program a campaign named 'Orange the world' was held at college by the department. Adv, Rajeesha, Family court Counsellor, Punalur led a debate on the topic United activism to end the violence against women and girls. Active participation from among the girls of the college was witnessed. The debate session was followed by a question-and-answer session where Adv. Rajeesha cleared all doubts regarding the laws prevailing for atrocities against women.



Women's Day celebrations- 2023

The women's day celebration was held at the college auditorium. The chief guest also a former student of the college gave a motivational speech to the students, this was followed by various entertainment organised by the girl students of the college.





