




ST. JOHN'S
COLLEGE, ANCHAL

Affiliated to the University of Kerala
Re-accredited with A Grade by NAAC
Recognised for STAR College by DBT, Govt. of India

LET YOUR
LIGHT
SHINE BEFORE
MEN

1.3.1: Curriculum Enrichment

2019-2020

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Report of Activities of the year 2019-2020

Professional Ethics

Kerala Piravi (Debate Competition): This event celebrated Kerala Piravi, the state's foundation day, at St. John's College, Anchal. The college organized a debate competition that encouraged intellectual discussions and healthy competition among the students. A total of 100 participants engaged in this contest, showcasing their debating skills and knowledge about the history and culture of Kerala.

Professional Ethics

Naipuni (November 11): At St. John's College, Anchal, Sheela Jacob conducted an embroidery training program on November 11. The event aimed to impart valuable embroidery skills to the participants, fostering their creativity and handcrafting abilities. This hands-on training likely provided students with practical knowledge and encouraged artistic expression.

Human Values

Jeeva (November 23): In collaboration with the Taluk Hospital in Kottarakara, St. John's College's NSS Unit organized a blood donation camp called "Jeeva" on November 23. A total of 100 volunteers from the college came forward to donate blood, contributing to the noble cause of saving lives and emphasizing the importance of community health and well-being.

Human Values

Vettam (December 1): On World AIDS Day, the NSS Unit of St. John's College, Anchal, organized a rally from R.O. Junction. Abraham John, the Director of Santhwana Counseling Center in Pathanapuram, delivered an enlightening awareness talk to educate the community about HIV and AIDS. This event drew 100 dedicated volunteers from the college who actively participated in spreading awareness about this critical health issue.



Environment

Haritham (December 7): St. John's College's NSS Unit organized an anti-plastic rally and street play on December 7 in collaboration with nearby schools, including Govt LPS, Holy Family, and St. John's School. The event extended to the adopted village, and Dr. Nebulal, Head of the Department of Malayalam at St. Thomas College, Kozhencherry, delivered an informative awareness talk. A total of 100 enthusiastic volunteers from St. John's College actively took part in this event, demonstrating their commitment to environmental conservation.

Professional Ethics

National Youth Day (January 26): St. John's College, Anchal, celebrated National Youth Day by organizing a speech competition on January 26. The event provided a platform for 100 young speakers to showcase their talents and share their thoughts on various important topics, reflecting the college's dedication to nurturing the intellectual and oratorical abilities of its students.

Professional Ethics

Kazcha (February 6): The NSS Unit of St. John's College, Anchal, organized an art and craft exhibition known as "Kazcha" on February 6. This event provided a platform for local artists and artisans to display their creative works, promoting the talents and creativity within the community. It also drew in 100 dedicated volunteers from the college who actively assisted in the organization and management of the exhibition, contributing to the success of this artistic endeavour.

Human Values

Kaithang (Share a Meal Program - Government Hospital, Anchal): Under the "Kaithang" program, St. John's College organized a heartwarming initiative in which 100 volunteers came together to share a meal with patients at the Government Hospital in Anchal. This compassionate act not only provided nourishment to those in need but also brought a sense of comfort and solidarity to the patients.



Human Values

Koodam Odam (Anti-Drug Campaign - November 5, 2019): On November 5, an anti-drug campaign known as "Koodam Odam" was organized by St. John's College. The campaign was launched with a kootayottam, flagged off by Excise Inspector Prasad. All 100 college volunteers participated in this campaign, taking a pledge against drug abuse, administered by Vinoj, Mukti coordinator.

Human Values

Shredhaa (Street Play for Drug Abuse Awareness - December 5): On December 5, St. John's College organised "Shredhaa," featuring a street play aimed at raising awareness about drug abuse. The 100 volunteers actively participated in this program, showcasing their commitment to combatting drug-related issues and promoting a drug-free society through creative means.

Human Values

Kunje Ninakai (December 13 - Child Abuse Awareness Flash Mob): St. John's College organized a "Kunje Ninakai" flash mob on December 13 to raise awareness about child abuse. One hundred volunteers took part in this event, conducting a rally from the college gate to the market junction. Through this energetic and attention-grabbing performance, they aimed to educate the public about the importance of child protection and the prevention of abuse.

Human Values

Jeeva (January 16, 2020 - Blood Donation Camp): On January 16, St. John's College collaborated with St. Joseph Mission Hospital, Anchal, to organize a blood donation camp as part of "Jeeva." One hundred volunteers actively participated in this life-saving initiative, contributing to the noble cause of ensuring a steady supply of blood for patients in need.



Human Values

Koodu (February 11, 2020 - Sahapadikoru Veedu - Housing Project): "Koodu" was a housing project initiated by St. John's College, which was successfully completed on March 25, 2020. The project aimed to provide homes to those in need. One hundred volunteers contributed their time and efforts to ensure the success of this humanitarian endeavor, making a difference in the lives of the less fortunate.

Environment

Pachaviral (February 18, 2020 - Seminar on Environmental Issues): A seminar on environmental issues was conducted at St. John's College on February 18, featuring a presentation by social and political activist Daya Bhai. The seminar aimed to educate the attendees on critical environmental concerns. One hundred volunteers participated in this event, showing their commitment to environmental awareness and conservation.

Professional Ethics

Currency (February 19, 2020 - Promoting Savings Habits): St. John's College collaborated with the post office branch in Anchal and the NSS to promote a savings habit among students. The Department of Post (DoP) issued magnetic ATM cards to those who opened post office saving schemes. One hundred students actively participated in this initiative, encouraging financial literacy and responsible saving.

Professional Ethics

Sparsham (February 22 - Palliative Care Training): Under the auspices of the community health center in Anchal, St. John's College organized palliative care training for 25 selected volunteers on February 22. The trained volunteers formed a palliative care team, and on February 24, they visited around 30 people suffering from chronic diseases. This initiative demonstrated the commitment of 100 volunteers to providing care and support to those in need.



Human Values

Short Films (March 6, 2020 - Anti-Drug Addiction Message): St. John's College's NSS unit directed a short film conveying a powerful message against drug addiction. This short film was released at the audio-visual theater on March 6, 2020. The production and release of the film were made possible by the dedicated efforts of 100 volunteers who aimed to raise awareness about the perils of drug addiction and its impact on individuals and society.

Supporting Photographs





ACTIVITIES RELATED TO GENDER AND HUMAN VALUES

FLOOD RELIEF ACTIVITIES

NSS UNIT, St.Johns College, Anchal sets up a flood relief collection centre. The collection point got very good response not only from the staff members and students, but also from the general public as well. On August 13, 2019, the volunteers took the relief materials to Collectorate, Kollam and handed them over to the collectorate.



ANTI DRUG CAMPAIGN

NSS unit organized an anti-drug campaign on 16th August, 2019. Drug Abuse is a serious issue affecting all sections of the society, irrespective whether they are Young/Old, Poor/Rich, and Educated/Illiterate. Teenage drug addiction is one of the most serious substance abuse problems. Awareness on Drug Abuse was held by Asst.Excise Commissioner, Thajudeen sir at 11 am in Audio Visual Theatre.



HOME NURSING TRAINING REGARDING CARDIAC PROBLEMS

Each year, a number of persons suffer with an accident or illness, severe enough to stop their breathing and leads to respiratory arrest. In a small number of these cases, it will even stop their heart beating and leads to cardiac arrest. Sudden cardiac arrest is a major cause of death in developed countries. The Health awareness class by the Cardiac Department, Mission Hospital Anchal was held on 22 August 2019. Dr Azad, Dr Prince, Dr Feba educated the students and created awareness in helping them to prevent death occurring due to cardiac arrest by explaining the first aid activities. Demonstration class was also arrange. About 120 volunteers participated in the programme.





OLD AGE HOME VISIT

Onam celebration of NSS Unit, St.Johns College, Anchal in the academic year 2019-20 was held in an old age home , Arpitha Orphanage (Adopted village) on 6 September 2019. Volunteers enthusiastically participated in the celebration with dear ones in the Orphanage.



TRANSGENDER AWARENESS CLASS

This ignorance and lack of understanding about transgender people in Indian society need to be changed as soon as possible, and it can only be done by spreading awareness among people. Transgender awareness class in collaboration with Social Justice Department was held on October 25, 2019, by 2 pm in the College Auditorium. Mr Sudeer Kumar, Director, Social Justice Department inaugurated the programme. Maya, LAS Resource person delivered an awareness talk. Transgenders, Vismaya and Ardra shared their experiences. Students realized that it's their duty to support transgenders and make awareness among Community.





AWARENESS ON CHILD ABUSE

On December 13, Holding placards, volunteers walked from College gate to Market Junction and conducted Awareness Flash Mob to spread awareness on child abuse.



BLOOD DONATION CAMP

The NSS unit of St John's College, Anchal organized a blood donation camp in collaboration with blood bank of St Joseph's Mission Hospital, Anchal on 16th January 2020. The camp began at 10.00 a.m. with a short inaugural function where in Dr Mansoor Mohammed and his five member team was given a floral welcome. Dr Mansoor expressed his gratitude to the NSS unit of the college for its continuous endeavor in this regard. He also stressed on the growing need of blood in the state and commended the young volunteers for their noble act. The Camp was inaugurated by the principal, Rev.Fr.Johnson G. Dr.Mansoor conducted a talk on Need for donating blood. NSS Volunteers determined the blood group of 150 individuals included teaching & non-teaching staff, students & non-student donors. The information was used for the updation of the Blood donation directory prepared and maintained by NSS unit, St John's College, Anchal. This was done with the technical assistance of St Joseph's Mission Hospital, Anchal. 26 volunteers came forward to donate blood during the camp which included teaching & non-teaching staff, students & non-student donors. The blood donors were given Biscuits and frooti after donating the blood in order to reenergize themselves. The medical team was provided with lunch and the camp concluded at around 2.30 p.m.





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SAHAPADIKKORU VEEDU

Foundation stone-laying ceremony for SAHAPADIKKORUVEEDU was held on February 11, 2020 and completed the housing project on 25 March, 2020.



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PALLIATIVE CARE EXTENSION ACTIVITIES

Under the auspices of the Community Health Centre, Anchal, Palliative care trainer Josla gave necessary guidance and training to 25 selected volunteers on February 22. On February 24, the Palliative care team in group of 5 members visited around 30 people suffering from chronic diseases. Palliative clubs inculcate a compassionate feeling among students towards the community.



On March 5, 2020, the Palliative care team visited around 20 people suffering from chronic diseases.





PROGRAMMES RELATED TO ENVIRONMENT AND SUSTAINABILITY 2019-2020

MEDICINAL PLANT GARDEN

On 25th July 2019, Dr. Preetha SS, Asst.Prof, Department of Botany delivered a speech on Nature friendly Living style. Almost 150 volunteers participated in the programme. On 26th July, 25 medicinal plants were planted in college campus under the guidance of Dr Preetha.



FLOOD RELIEF ACTIVITIES

NSS UNIT, St.John's College, Anchal sets up a flood relief collection centre . The collection point got very good response not only from the staff members and students, but also from the general public as well. On 13th August 2019, the volunteers took the relief materials to Collectorate, Kollam and handed over them at the collectorate.





CLEANING PROGRAMME RELATED TO GANDHI JAYANTI

The NSS volunteers organised a very memorable Gandhi Jayanti celebration with lighting of the lamp and floral tribute to the image of Mahatma Gandhi. Quiz completion was held on October 1, 2019 based on Gandhian thoughts. As a part of this special day, NSS volunteers participated in cleaning programme and plastic waste management. They devoted their day for cleaning the campus as well as panchayath premises to promote a sense of cleanliness among community on October 2, 2019. In the afternoon Session, a Talk on Gandhian thoughts in today's context was delivered by Dr Leju, Gandhian studies dept, St. Mary's HSS, Pattom.





TRAFFIC AWARENESS PROGRAMME

The NSS unit of our college conducted a program on Traffic awareness on 11.10. 2019. The Resource persons of the programs were Circle Inspector Sudeer sir and team. The resource person urged the student community to follow the traffic rules like wearing helmets while riding two wheelers, wearing seat belts, etc. to have a safe ride. Around 245 volunteers participated in the programme. NSS programme officer, Shijo Varghese welcomed the guests and Anu Varghese proposed vote of thanks.



CLEAN CAMPUS

NSS Volunteers involves in various activities towards the "Clean Campus". On October 28, In order to keep the campus clean and hygiene, the volunteers were provided with NSS caps, badges, hand-gloves, broom sticks and disposable bags. Each group was allotted different areas of the college to be cleaned. The garbage collected by the volunteers after cleaning the campus was put together in dumping area of the Campus. The event successfully ended at three o' clock.



ANTI DRUG CAMPAIGN

NSS unit organized an anti-drug campaign on November 5, 2019. Drug Abuse is a serious issue affecting all sections of the society, Irrespective whether they are Young/Old, Poor/Rich, and Educated/Illiterate. Teenage drug addiction is one of the most serious substance abuse problems.

To create an awareness , a koottayottam was conducted and students exhibited various posters on Drug Abuse. Kootayottam was flagged off by Excise Inspector,Prasand, Principal showed appreciation for the campaign and pointed out the fact that citizens from all walks of life have to play a part in discouraging drug use among students.Volunteers of the College took the pledge against drug abuse , administered by Vinoj, Mukti coordinator.

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AWARENESS CAMP ON DRUG ABUSE

On November 21 and 22, awareness camp on drug abuse was conducted at Thiruvananthapuram, Volunteer secretary; Muhammad Siyad participated in the awareness campaign.



EK BHARAT SRESHTA BHARAT

The Ministry of Youth Affairs and Sports, Government of India has urged the NSS units in the country to organise 'Ek Bharat Shreshta Bharat' (EBSB) activities as part of regular activities to be implemented by the selected colleges under the University of Kerala. These activities are to be organised in favour of the pairing state under EBSB. For Kerala the pairing state is Himachal Pradesh.





On 21nd November 2019, the NSS Unit started the first programme on Ek Bharath Shreshta Bharat. The NSS Programme Officer Anu Varghese presented the brief introduction of the programme to the NSS volunteers. NSS programme officer Shijo Varghese, gave a detailed lecture on the culture of Himachal Pradesh and also presented a video on dance of Himachal Pradesh.



RALLY FOR ENVIRONMENT PROTECTION

Stressing the need to save the environment, NSS Volunteers carried out a rally to create awareness about environment protection on November 25.





ANGANWADI VISIT

On December 2, the NSS Volunteers visited the Anganwadi at Alancherry, NSS Volunteers have developed a garden for small kids and kids were encouraged to water the plants on daily basis.



STREETPLAY

Street Plays are very effective in community with rural masses. Our volunteers did a street play on December 5 , ' Awareness on Drug Abuse'. Streetplay was conducted in various nearby schools in Anchal and Market junction. It was a beneficial programme for the Community .



ENERGY CONSERVATION PROGRAMME

The National Energy Conservation Day is to drive mass awareness about the importance of energy efficiency and conservation among the public. We can reduce the energy consumption by adopting various ways of energy conservation which includes efficient use of technologies and avoiding energy wastages. For seeking attention on December 14, we have arranged a mass signature campaign. It was a great success.,



FIT INDIA RALLY

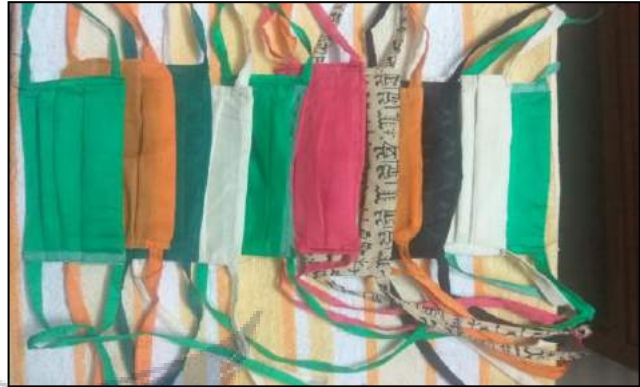
On January 18, rally about fit india movement was held. The main theme of the rally is to maintain the body health and diet and do exercise. The volunteer took pledge to remain fit throughout life by actively participate in games, yoga exercises daily.





LET US FIGHT AGAINST CORONA

On February 5, 2020 an awareness campaign by NSS Unit has organized to create awareness among public to take precautionary steps against spreading of the coronavirus.



TRAFFIC AWARENESS PROGRAMME



In an effort to create awareness about road safety, Department of Traffic Police conducted a programme on Road safety measures at the College campus on February 10, 2020.



SAHAPADIKKORU VEEDU

Foundation stone-laying ceremony for SAHAPADIKKORUVEEDU was held on February 11, 2020 and completed the housing project on 25 March, 2020.



PARISTHITHI SEMINAR

Seminar on Environmental Issues "PACHAVIRAL" has organized by NSS Unit on February 18, 2020, inaugurated by Environmental and Social Activist, Daya Bai. Shedelivered adetailedtalkontheneed of environment protection. Students actively participated in the Interactive session with Dayabai.





WATER TESTING

On March 4, in collaboration with Environmental Science department, NSS Unit conducted drinking water testing facility to the community. Around 125 samples were collected and tested.



SHORT FILMS

Short films directed by a group of NSS Volunteers was launched at Audio Visual Theatre and were shown to the entire college community on March 6, 2020. It was a good message to the society on drug addiction.

