

SEMINAR NO: 25

NAME_OF THE DEPARTMENT: COMMERCE

TITLE OF THE SEMINAR: LIFE SKILLS

DATE: 14-08-21

ST. JOHN'S COLLEGE, ANCHAL

Organized by Department Of Commerce
in collaboration with Entrepreneurship Development Club

CE Webinar

Keynote Speaker

14 August 2021
Saturday
10:30 am

Meet

Johns K.Lukose

MA Psy.,FC.Spl.Edn.(RCI) Psychologist.
Director,
Life Skills -BVET Centre
Vocational Education and Training)
Chathannoor,Kollam
Visiting Faculty in Psychology. :
•Upasana College of Nursing ,Kollam
•CHMM College,Varkala
State Resource Person :
Our Responsibility to Children /Chiri
project (Kerala Police)

WELCOME

Bainy George
Programme Coordinator,
HOD, Dept. Of Commerce

VOTE OF THANKS

Akshaya A
1st year, B. Com

LIFE SKILLS
Special Talk

Background image of St. John's College, Anchal building.

REPORT

Life Skills plays a significant role in our life. It helps us to conquer the world. Life skills include effective communication, stress management, problem solving, critical and analytical thinking etc. With an objective to inculcate life skills among students .Department of Commerce in collaboration with Entrepreneurship Development Club, St John's College, Anchal has organised a webinar based on the topic "Life Skills". The webinar was conducted on 14th August 2021 through g meet and 64 students participated in it.

The resource person of the webinar was Mr. Johns K Lukose (MA Psy. Spl Education psychologist, Director Life Skills - BVET Centre Vocational Education and Training, Kollam).The webinar was inaugurated by Ms Bainy George (HOD Commerce Department and convener of this webinar)

The webinar was not just a class but beyond that it was an interactive session where students got an opportunity to clear their queries. During the session the resource person discussed about various life skills that students must inculcate and the importance of life skills. And also the role of life skills in shaping and framing an individual's personality and thereby a way to succeed.

The session ended with a round of discussion and vote of thanks was proposed by a member of ED club.