

SEMINAR NO: 29

NAME_OF THE DEPARTMENT: COMMERCE

TITLE OF THE SEMINAR: ACHIEVE YOUR DREAMS

DATE: 23-09-2021



St. John's College, Anchal
Department Of Commerce

WEBINAR

Achieve
YOUR
dreams!

23 October
SATURDAY
Time : 10 am

Google Meet

Dr. T Abraham
Hod, Department of Computer Science
Bharata Mata College, Kochi

Dr Swapna K Cherian
Ass. Prof, Department of Commerce
MSM College, Kayamkulam

REPORT

Entrepreneurship Development Club in collaboration with Department of Commerce has organised webinar on the theme “Achieve Your Dreams” with an objective to create and inculcate the vital values and virtues needed to be in a student throughout their life journey along with academics, on 23 Sep 2021. The resource persons for the webinar were Dr. T. Abraham (HoD, Department of Computer Science, Bharat Matha College, Kochi and Dr. Swapna K Cheriyan (Asst. Prof. Department of Commerce, MSM College, Kayamkulam).

The programme started with an opening remark delivered by Mrs. Bainy Geroge, HOD, Department of Commerce and the Convenor of webinar organising committee, followed by welcome address from Mrs Anu Varghese, Assistant Professor, Dept of Commerce. The event was held in an interactive and fun way that helped the participants to learn skills and enhance their awareness about mindset and how it impacts our life?. During the webinar, our resource persons elaborated various aspects and concepts of Life Skills including Personal Growth, Self Confidence & Time Management, Self Discipline, Smart Work, Skill Development Meditation, Subconscious Mind & Self Talk, Power of Visualization etc. They also discussed, How to be stress free, How to achieve more and become more? The session ended with a round of discussion and vote of thanks by Mr. Joma Joseph, Assistant Professor, Deptt of Economics Commerce.

The webinar was attended by around 94 participants.